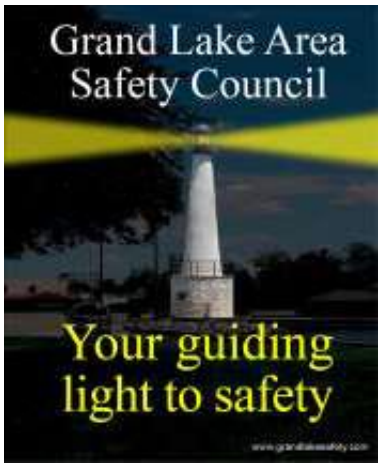
You are invited!

Grand Lake Area

Safety Council Meeting

Wednesday, May 13, 2015

at Romer's Celina. 11:30am to 1:00pm



TOPIC

Wellness Programming

Three Objectives of Program

1/ Provide an overview of what we currently think of as wellness programming in terms of strategies and outcomes, and what other organizations have done to incorporate safety into their wellness initiatives.

2/ Discuss the best ways to leverage the intersection between what we classically think of as "wellness programming" and other people-focused institutions like Safety, Risk Management, and EAPs.

3/ Discuss the dangers of being too "program-focused" in our approach, introducing WELCOA's new model for building high performing organizations. Participants will leave with specific things they can do immediately to begin transforming their organizations into high-performing cultures of safety.

By Sara Rauch, she is currently Director of Strategy & Planning for The Wellness Council of America, and also has some local ties as the daughter-in-law of Clyde Rauch, Chairman of Tuttle/Touchstone Companies. Prior to WELCOA, Sara managed the award-winning Well@Work employee wellness program for the 5,000 employees of BlueCross BlueShield of Tennessee, and ultimately served as Health Management Consultant for the BlueCross commercial book of business.

RSVP by May 11th to Grand Lake Area Safety Council at safety@celinamercer.com or by calling 419 586-2219. This is free to one safety council member and $10 lunch fee for any extra attendees. This program is open to the public for $15 and includes lunch for. Visit www.grandlakesafety.com future programs and details.