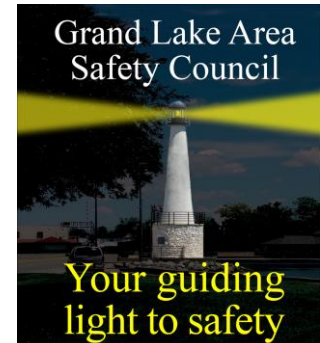


You are Invited to attend the
Wednesday, November 16, 2016
Grand Lake Area Safety Council
meeting at Romer's in Celina
from 11:30am-1pm.



TOPIC

Tired of Being Tired
By Tracy Smith, RRT, RCP, BHA

Three Objectives of Program

- 1. Signs and Symptoms –Sleep Disorders**
- 2. Obstructive Sleep Apnea: Diagnosing & Treatment**
- 3. Pitfalls of Bad Sleep**

Speaker Bio:

Tracy has worked at JTDMH for 25 years and respiratory therapist 27 years.
She transitioned into Healthcare Administration in 2014 and the Sleep Center in the Fall 2014
Tracy has been Clinical Coordinator of the Pain Clinic since opening in 2014

This program is free to one person from each safety council member company.
Additional members are \$10 each. This is open to the public for a \$15 lunch fee.
You must RSVP to the Chamber 419 586 2219 or email
safety@celinamercer.com by Friday, November 11th.